

Bath & North East Somerset Clinical Commissioning Group

# **Primary Care Talking Therapies**

### Andrea Morland and Sue Blackman Date: 25/07/2013



Healthier, Stronger, Together

**Background and Overview** 



### **Recommissioning rationale**

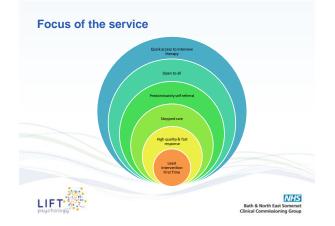
- IAPT contract due to end and model needed strengthening for long term conditions
- · Counselling provision needed re-tender because:
  - Variation in quality/quality assurance across B&NES
  - Information governance issues
  - Counselling approach limited to within practice -
  - apart from Southside (St Michaels)
  - Outcomes information inconsistent
- Bring all approaches together in a single NICE compliant service

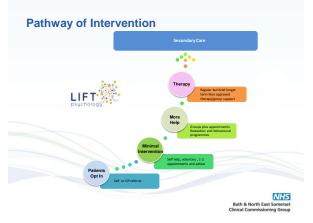
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### **Background to LIFT Psychology**

- Developed by GPs and psychologist Liz Howells in Swindon many years ago
- Based on a belief that counselling approaches are well suited to managing distress
- Adapted range of support and intervention to include national IAPT programme
- · Taken up by all GP practices in Swindon and Wiltshire
- Also delivering services in Bristol and South Gloucestershire



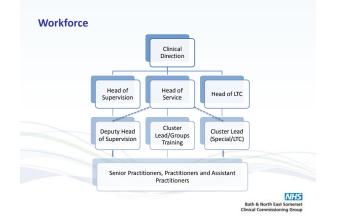




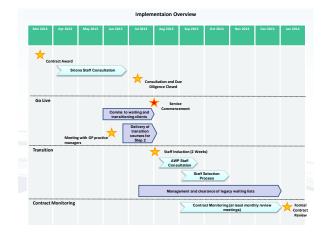
## Delivery

- Locally based services –
  prefer GP practice appointments where possible
- Dedicated phone line
   for booking appointments
- Wide range of psychological courses
  - delivered in local venues
- with live website booking
- Extended hours









### **Procurement Lessons Learnt**

- Assessment/scoring methodologies to be scenario tested
- Clarity of intention around financial values
- Emphasis on added value contribution from providers to be factored into assessment
- Potential end results of tendering to be scenario tested/risk assessed for impact and local relationship dynamics
- Resultant range of commissioning risk management plans to be formulated for action.

### Implementation Lessons Learnt

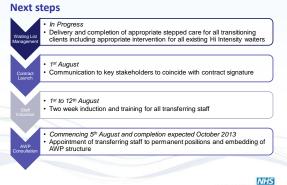
- Early engagement at Executive Level between providers is key to setting the aspirations and strategy for the transition:
- Inclusive and consultative approach with outgoing provider
- Dedicated, experienced Project Management resource
- Regular project reviews and integration of work streams
- Early identification of communication strategy and plan to be shared with commissioners – especially when there are multiple affected providers (GPs)
- Early staff/counsellor engagement and provision of timely information

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### **Comms Plan**

Event	Format	Recipients	Frequency	Date	Lead
Contract Award	Letter	Bidder (AWP)	N/A	28 <sup>th</sup> March 2013	CCG
Notification re Change of Services	Letter	Counsellors and Practice Managers	N/A	8th April 2013	CCG
GP Forum Plus	Face to face	<b>GP Practice Managers</b>	N/A	16 <sup>th</sup> April 2013	CCG/AWP
GP Practice Manager Meeting	Face to face	<b>GP Practice Managers</b>	N/A	19th June 2013	CCG/AWP
GP Practice Manager Briefing	Letter	<b>GP Practice Managers</b>	N/A	19 <sup>th</sup> June 2013	CCG
Referral notification for GP Practices	Letter	Service Users	N/A	26 <sup>th</sup> June 2013	AWP
GP PCTT Service Overview	Letter	<b>GP Practice Managers</b>	N/A	26 <sup>th</sup> June 2013	AWP
Low Intensity Waiters Letter	Letter issued via PCMIS	Clients awaiting U	N/A	1" July 2013	Sirona
Hi Intensity Walters Letters	Letter issued via PCMIS	Clients awaiting HI	N/A	5° July 2013	Sirona
Update newsletter	PDF	B&NES Stakeholder (TBC)	Bi Weekly	15 <sup>th</sup> July 2013	AWP
Contract Launch (Stakeholder) Letter	Letter	B&NES Stakeholders (TBC) e.g MP's	N/A	17 <sup>th</sup> July 2013	CCG
Reactive Media Statement	Press Release	As required	N/A	17th July 2013	CCG
LIFT GP Practice Leaflets	Leaflet	Service Users	N/A	1" August	AWP
LIFT Website for B&NES (plus links from CCG website)	Web	Service Users	N/A	1 <sup>et</sup> August	AWP
Scrutiny Panel	Face to face	Panel Members	N/A	September 2013	CCG

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